

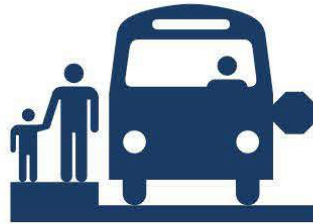
# EMPOWER YOUR SCHOOL

MEASURE COMPASSIONATE SCHOOL CULTURE  
FACTORS IN 12- 15 MINUTES

## THE S-CCATE VALIDATION TOOL

### LEADERSHIP & A COMPASSIONATE SCHOOL COMMUNITY

Strengthening how the principal, the school environment, and policies contribute to a compassionate school culture



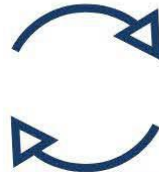
### CONSCIOUS AWARENESS OF EMOTIONS & STRESS



Using neuroscience and neuroplasticity to explain how trauma, stress, and vulnerability interact, and how mindfulness can support positive outcomes in traumatized populations

### COURAGE & RESILIENCY

Demonstrating appropriate risk-taking, gratitude, and constructive feedback



### CONFIDENCE & POSITIVITY



Applying teacher's awareness of student stress and abuse to understanding how to adjust instruction to provide more student support

### UNDERSTANDING OF INEQUITY

Promoting student awareness of discrimination, poverty, and injustice.



AVAILABLE THROUGH THE  
CENTER FOR EDUCATIONAL  
IMPROVEMENT



Contact: Dr. Christine Mason  
cmason@edimprovement.org

## Improve School Culture with the **S-CCATE** tool

*Identify Trauma Factors  
Build Resiliency & Community*

**New England Schools:  
Join the Yale University  
Childhood – Trauma Learning  
Collaborative and receive a free  
subscription in 2019**

**S-CCATE** is a cutting edge, 21<sup>st</sup> century Social Emotional Learning tool:

- Secure & validated,
- 40-item online survey.

**S-CCATE** helps to identify strengths and needs and plan professional development and interventions.

With **S-CCATE**, report progress on “non-academic factors” aligned with ESSA (Every Student Succeeds Act).

**S-CCATE** was developed by the Center for Educational Improvement over a six-year period with experts in Social Emotional Learning (SEL) factors.

**S-CCATE** was independently validated by 814 educators in 2018.

*S-CCATE guides schools as they infuse mindfulness and social emotional competencies to advance student well-being and achievement. A powerful measurement tool, S-CCATE propels teachers to create heartfelt paths for sustainable, positive school change.*

- Dr. Michelle Rivers Murphy,  
Berkshire County, MA

**Participate in the Yale University Childhood – Trauma Learning Collaborative and receive a free subscription in 2019**  
**Register by March 15, 2019**

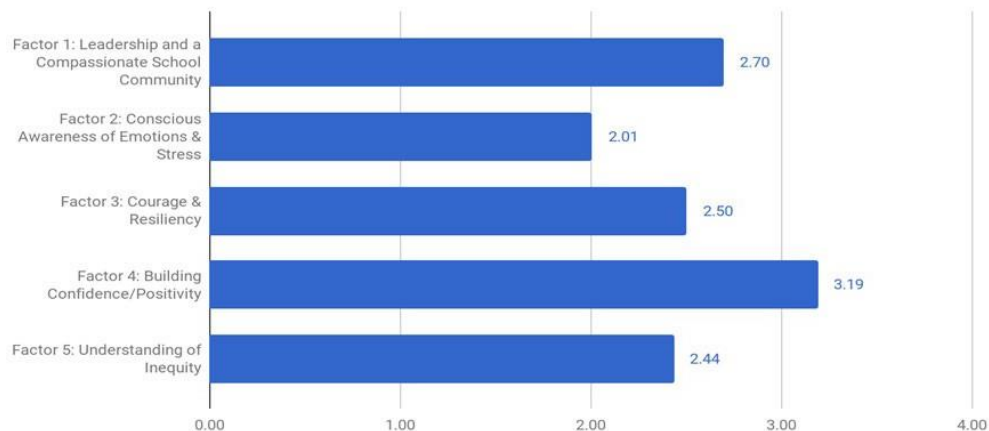


Contact the Executive Director of the Center for Educational Improvement  
Dr. Christine Mason (cmason@edimprovement.org)

### DATA EXAMPLE

**The Instrument:** Five factors are identified from the 40-question S-CCATE validation study.

#### District 142 - S-CCATE Results



### IMPLEMENTATION

The **S-CCATE** is a foundational tool for conducting a needs assessment and monitoring progress to reduce the impact of trauma, build student resiliency, and create compassionate school communities. Use **S-CCATE** for teacher team planning and visioning, decision-making, and reporting progress.

Educators begin with administration of **S-CCATE**, followed by guided professional development to enhance teacher knowledge and skills and at least one intervention lasting 3-5 months.

- At the end of the 3-5 months, **S-CCATE** is re-administered to measure progress. These additional data help in implementing more enhanced professional development and interventions.
- Data are password protected, confidential and anonymous. Schools/districts receive aggregated results and **have access to comparison results from our national database.**
- After the initial 6-9 months, re-administer on an annual or semi-annual basis and report progress.

#### S-CCATE Collaborators include:



New England (HHS Region 1)

**MHTTC**

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

**Companion Book:** *Mindfulness Practices: Cultivating Heart Centered Communities Where Students Focus and Flourish* by Christine Mason, Michele M. Rivers Murphy, Yvette Jackson. **Recommendation:** As you implement change in your school, use **S-CCATE** in conjunction with the **S-CCATE Supplement** (a 49 item, validated instrument) to provide an additional measurement for success.